

DERBY ACTIVE

Autumn/Winter 2016/17

Find out about activities to keep you fit, healthy and motivated.



DERBY ARENA

SPRINGWOOD LEISURE CENTRE

MOORWAYS STADIUM

QUEEN'S LEISURE CENTRE



Swimming

Gym



Cycling

Classes



Racket sports

Membership

derby.gov.uk/sport | 01332 641234

WELCOME

Welcome to our new Derby Active guide, providing you with information about all that's on offer in our leisure facilities.

We have courts, sports and activities throughout the city for everyone to enjoy.

Book a badminton or squash court at **Springwood Leisure Centre**, play football on our outdoor pitches at **Moorways Stadium**, or make a splash at **Queen's Leisure Centre**.

Experience the thrill of the cycle track at **Derby Arena**, get your children active with our sports courses, take part in over 100 exercise classes or reach your fitness goals in our state-of-the-art Technogym fitness gyms.

Get active and enjoy!



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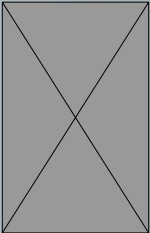
19 PARKS & GOLF

24 EVENTS

ACCESS

Most of our facilities and activities are accessible for all, including ramped or flat access, disabled changing rooms, lifts, pool hoists, disabled parking, automatic entrance doors and hearing induction loop systems. If you require further information regarding access please contact the facility.

Don't miss our **Family Activity Guide** and **Derby LIVE What's On Guide**



GYMS



We have gyms in all three of our leisure facilities, whether you want to train at **Derby Arena**, **Springwood Leisure Centre**, or **Queen's Leisure Centre**.

All of our gyms have state-of-the-art **Technogym** equipment and we pride ourselves on having a personalised attitude and approach towards our customers.

Our gyms are open to people of all abilities, whether you are looking to generally tone up or if you are working towards your own personal goal.

- Personalised training programmes
- FREE fast classes
- Resistance machines
- Pure Strength resistance machines
- Cardio machines
- My Wellness app
- Kinesis stations, UNITY screens and Omnia machines available at Derby Arena



Choose from one of our membership packages, see page 6 or you can use the gym on a pay as you go basis. You will need an induction before your first gym session.



AGED 12 TO 16 YEARS?

Why not join The Movement, which has discounted gym sessions in our facilities for young people.

To join visit themovementderby.co.uk.



"I feel much fitter than I did before. I would definitely recommend Derby Arena gym. The facilities are brilliant, and the staff are very friendly and knowledgeable"

Kate Hicks, member

CLASSES



Our class programmes are a great way to keep fit and have fun! We have something for everyone - whether you're new to exercise, pregnant, fancy a challenge or want to socialise.



Les Mills™ offer a range of classes including BodyAttack™ (aerobic), BodyPump™ (weight training) BodyJam™ (dance) and BodyCombat™ (boxing moves)



Zumba is an aerobic dance workout with great music, you can burn loads of calories without even realizing it.



AquaJog gives you all the benefits of running but with less impact on your body. The water offers resistance and support for a great workout.



Aqua Fit is a high energy and fun fitness class in which you perform a range of aerobic moves in the pool shown to you by our motivational instructors.



Step aerobics is a choreographed routine of stepping up and down on a platform for an intense cardio workout.



HIIT BLT is high intensity interval training for bums legs and tums. Improve strength and muscle tone in the lower body through a range of exercises.



Circuits is where the studio is set up with various exercise stations. You move around each station and workout different muscle groups.



Pilates uses controlled movements to improve flexibility, build strength and develop control and endurance in the entire body.



Visit derby.gov.uk/workout for our programme and full A-Z of class descriptions.

INDOOR CYCLING

Indoor cycling or spinning is a great workout for your heart and lungs while improving your posture and burning calories. Sessions are available at Springwood Leisure Centre and Queen's Leisure Centre. These sessions are led by motivational instructors to the latest music beats, providing a great fitness workout. Whether you're a beginner or advanced group cyclist, we have a class for you.



WATTBIKE CYCLING

Are you looking for extra inspiration and motivation? Try a Wattbike session at Derby Arena. Our studio is equipped with the latest Wattbikes, which make you feel like you're actually riding a real bike. Wattbikes have the technology to allow you to match the set-up of your road bike, providing the ultimate experience indoors.



Pay for each session, or join as a member see page 6. You can book online for classes up to 7 days in advance or call the facility (contact details on page 27)

MEMBERSHIPS

We have a range of flexible membership options designed to suit you whatever your needs.

Our memberships give you flexibility of paying monthly by direct debit, but with no joining fee and no contract. The most important aspect of our membership offer is that it is personal to you.

Our team will work with you to discuss your lifestyle, health and goals to ensure you get the most out of your membership.

With one membership you can use all our facilities which include **Derby Arena**, **Queen's Leisure Centre** and **Springwood Leisure Centre**.



CHOOSE A MEMBERSHIP TO SUIT YOU:

JUST

Choose one
£30 per month

MIX & MATCH

Choose two
£33 per month

FULL

All three included
£38 per month



GYM



CLASSES



SWIM



Prices subject to change

LEISURE CARD

Our range of Leisure Cards offer great discounts on a range of sport and leisure activities.

STANDARD/JUNIOR/FAMILY LEISURE CARD

If you live in Derby you can get a 20% discount at our sports centre and pools with our Leisure Card. 10% for non residents.

The annual cost is £10 for adults and £5 for young people under 16. Our Family Leisure Card is available for up to two adults, to a maximum of five people. The annual cost is £20.



CONCESSIONARY LEISURE CARD

Our Concessionary Leisure Card offers 40% discount on activities. It's available for anyone living in Derby aged over 65 years, registered disabled, unemployed and full-time students.

The annual cost is £5.



OVER 75 SAVER CARD

If you're 75 and over you can use the gym, take part in a group exercise class or go swimming for just £1.10 from Monday to Friday 9am to 4pm and all weekend.

The annual cost is £5.



RECREATION LEISURE CARD

Our Recreation Leisure Card offers 6 months of discounted activities, including racket sports and public swimming from 9am to 4pm, Monday to Friday, and all day Saturday and Sunday. For Derby residents in receipt of certain benefits.

The six-month cost is £2.50.



FIND OUT MORE AND HOW TO APPLY AT derby.gov.uk/leisurecard

Prices subject to change

01332 641234

SWIMMING



We offer a great range of swimming opportunities at Queen's Leisure Centre. Our pool programme includes a variety of sessions, whether you're looking for fitness, fun, lessons, family splash or a bit of chill out time. For our pool programme see page 10 or visit derby.gov.uk/swim

PUBLIC SWIM

Enjoy the water as a family, with friends or on your own, this session is for everyone to come along and swim. Our Public Swim sessions are available everyday in the Gala pool and Teaching pool.



SWIM FOR FITNESS

Do you have a fitness goal to achieve? Our pool is a great place to improve your fitness, we have early morning sessions, Lane Swim and Aqua Fitness classes throughout the week.



SWIM AS FAMILY

As a family you can swim in our public sessions, but we also have Family Splash sessions where there will be floats and toys for everyone to enjoy. For the younger swimmers come along to the Adult and Child sessions.

See derby.gov.uk/holidays for details of our school holiday activity programme and school holiday pool programme.

DISABLED SWIMMERS

Our pool programme is accessible to all. Our building has a flat entrance, lifts to all floors, Minicom and hearing induction loops, disabled changing rooms, pool hoists and easy access steps.

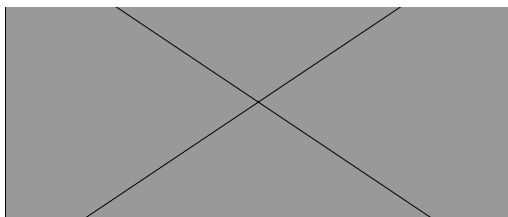
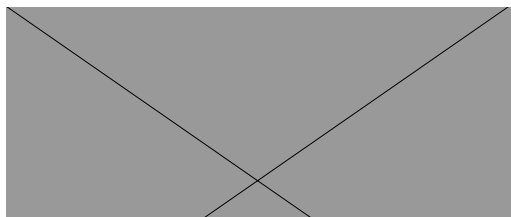


LADIES ONLY

Our Ladies Only session allows ladies to feel comfortable swimming, whether for relaxation, socialising, health or enjoyment.

LEARN TO SWIM

Our Learn to Swim programme at Queen's Leisure Centre provides the opportunity for every individual regardless of age or ability to learn to swim at their own pace and achieve their own personal goals. Our qualified swim teachers will progress your child through the Amateur Swimming Association (ASA) framework.



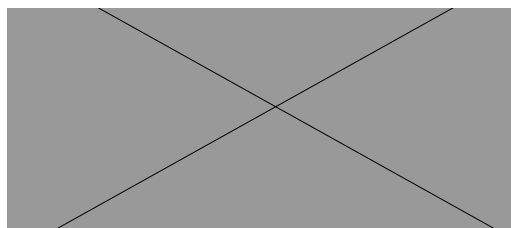
UNDER 5S

Swim a Song - 3 to 36 months

Swim a Song sessions are fun and innovative sessions specifically designed for babies and young children who are new to swimming and focuses on increasing their confidence in water.

Ducklings - 3 months to 5 years

The Ducklings Awards are designed to help children to explore and enjoy the fun of learning to swim. With the help of parents/carers, your child will develop confidence both in and out of the water, whilst working towards the Duckling Awards.



SWIMMING FOR DISABLED CHILDREN

We offer Learn to Swim lessons for disabled children of all abilities. Whether your child would prefer to learn as part of a group or on a one-to-one basis, we will provide the necessary stepping stones to help them build their confidence and have fun in the water.

5 TO 16 YEARS

Our lessons cover a range of topics, including water confidence, stamina, stroke technique and much more.

All lessons are delivered based on the ability of each individual, so regardless of your child's experience we will make sure they feel comfortable and help them to build their own confidence at their own pace.



ADULT SWIMMING LESSONS

As an adult would you like to go swimming, but have low confidence or fear of the water? Ask about our adult Learn to Swim lessons.

To book your lesson call **01332 641444** or visit **derby.gov.uk/learntoswim**

MON	<div><div>Lane Swim 7am - 9.30am</div><div>Education Swim 9.30am - 12 noon</div><div>Ladies Only Swim 12 noon - 1.15pm</div><div>Education Swim 1.15pm - 3.15pm</div><div>Public Swim 7.30am - 12 noon</div><div>Education Swim 9.30am - 12 noon</div><div>Education Swim 1.15pm - 3.15pm</div></div>
TUE	<div><div>Lane Swim 7am - 9.30am</div><div>Education Swim 9.30am - 12 noon</div><div>Aqua Circuits 12.15pm - 1pm</div><div>Education Swim 1.15pm - 2.45pm</div><div>Public Swim 7.30am - 12 noon</div><div>Lane Swim 12 noon - 1pm</div><div>Education Swim 9.30am - 12 noon</div><div>Adult & Child 12 noon - 1pm</div><div>Education Swim 1.15pm - 2.45pm</div></div>
WED	<div><div>Lane Swim 7am - 9.30am</div><div>Education Swim 9.30am - 12 noon</div><div>Lane Swim 7am - 9.30am</div><div>Education Swim 1.15pm - 2.45pm</div><div>Public Swim 7am - 4pm</div><div>Education Swim 9.30am - 12 noon</div><div>Education Swim 1.15pm - 2.45pm</div></div>
THU	<div><div>Lane Swim 7am - 9.30am</div><div>Education Swim 9.30am - 12 noon</div><div>Lane Swim 12 noon - 1.15pm</div><div>Education Swim 1.15pm - 2.45pm</div><div>Public Swim 7.30am - 4pm</div><div>Education Swim 9.30am - 12 noon</div><div>Adult & Child 12 noon - 1pm</div><div>Education Swim 1.15pm - 2.45pm</div></div>
FRI	<div><div>Lane Swim 7am - 9.30am</div><div>Education Swim 9.30am - 12 noon</div><div>Aqua Jog 12.15pm - 1pm</div><div>Education Swim 1.15pm - 2.45pm</div><div>Public Swim 7.30am - 12 noon</div><div>Lane Swim 12 noon - 1.15pm</div><div>Education Swim 9.30am - 12 noon</div><div>Education Swim 1.15pm - 2.45pm</div></div>
SAT	<div><div>Learn to Swim 9am - 2pm</div><div>Lane Swim 9am - 10am</div><div>Public Swim 10am - 2pm</div><div>Learn to Swim 9am - 2pm</div></div>
SUN	<div><div>Public Swim 9am - 1pm</div><div>Lane Swim 9am - 1pm</div><div>Family Splash (U8s) 9am - 2pm</div></div>

Lane Swim 3.30pm - 7pm	Aqua Jog 7pm - 7.45pm	POOL
Learn to Swim 4pm - 5.30pm	Public Swim 5.30pm - 7pm	GALA
Learn to Swim 4pm - 6pm		TEACHING
Learn to Swim 4pm - 6.30pm	Lane Swim 6.30pm - 8.30pm	GALA
Public Swim 1pm - 8.30pm		
Learn to Swim 4pm - 6.30pm		TEACHING
Swim 4pm	Family Splash 4pm - 5pm	Public Swim 5pm - 7.30pm
		Lane Swim 5pm - 7.30pm
	Learn to Swim 4pm - 6.30pm	
Swim 4pm	Learn to Swim 4pm - 5.30pm	Public Swim 5.30pm - 8pm
		Lane Swim 5.30pm - 8pm
	Learn to Swim 4pm - 6.30pm	
Lane Swim 3pm - 6.30pm		Lane Swim 8pm - 9pm
Swim 8pm		
	Learn to Swim 4pm - 6.30pm	
	Family Splash (U8s) 2pm - 4pm	
	Family Splash (U8s) 2pm - 4pm	Birthday Party 4pm - 5pm
ash (U8s) 4pm		Lane Swim 8pm - 9pm
Aqua Fit 2.15pm - 3pm	Birthday Party 3pm - 4pm	TEACHING

The Family pool is currently closed and maintenance work is continuing. See derby.gov.uk/queens for updates.

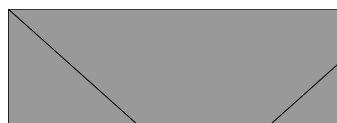
UNDER 8s POLICY

We operate a policy for ratio admission of children of a certain age with an adult to swim in our pools.

Teaching Pool

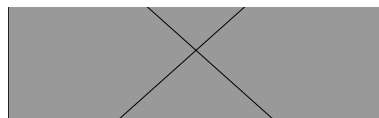
1 **adult** with up to 2 children **under 4** and 1 child **aged 5 to 7** years

or 1 **adult** with up to 3 children **aged 5 to 7**



Gala Pool

1 **adult** with up to 2 children **under 8**.



Children **8 years and over** can swim without adult supervision, depending on their confidence in water and swim ability



The pool programme may change on occasion, please see our website for updates or call reception on **01332 641444**

CYCLING

Thanks to the success of Team GB in recent years and all of the attention following the Tour de France and the Olympic games, cycling is now more popular than ever and we welcome you to take part in this fantastic sport at **Derby Arena**, one of only five velodrome's in the UK, is the Midlands' new hub for track cycling.



It's 250m indoor cycle track has already been ridden by some of the world's top cyclists including Sir Bradley Wiggins, Dame Sarah Storey, Laura Trott, Mark Cavendish, Joanna Rowsell and Ed Clancy.



Although we attract elite riders to our track, we have great recreational, training and racing opportunities for everyone including beginner, juniors, women, visually impaired, physically disabled, seniors and veterans.

We welcome clubs, schools, groups, birthday parties and corporate bookings. We host our own track league and host local, regional, national and international track events.



Join us and experience the thrill of the track for yourself!

BEGINNERS & RIDING FOR FUN

Never been on a cycle track before?

You don't need to be serious about track cycling to have a go - you can just enjoy the ride! The first session for any beginner (aged 12+) is our Track Cycling Taster.

YOUR CYCLE JOURNEY TO ACCREDITATION

If you're keen to develop your skills further and become an accredited rider on our track, our four-stage accreditation journey is the next step.

Stage 1: Track cycling taster

- experience the track
- have fun
- get basic understanding
- riding safely alongside others

Stage 2: Improving your track cycling

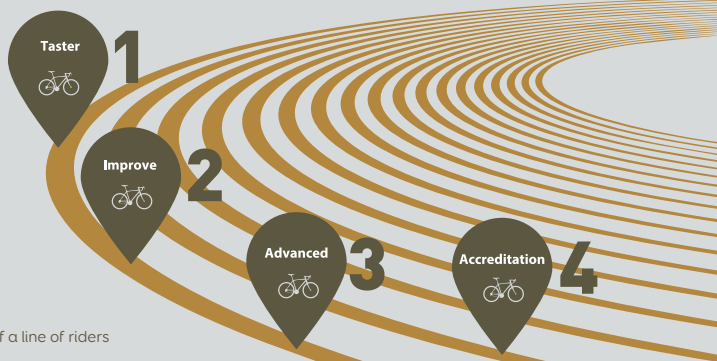
- build confidence
- control speed
- ride closer to others
- ride all parts of the track

Stage 3: Advanced track cycling skills

- change from the front to the back of a line of riders
- ride closely side by side in a group
- build confidence on all areas of the track with others

Stage 4: Track cycling accreditation

- develop racing techniques
- final assessment all areas of competency
- feel ready to try a race and to move to structured quality training



Find out more about each stage of accreditation
at derbyarena.co.uk/accreditation

Experienced cyclist, but new to Derby Arena track?

We welcome experienced riders to Derby Arena, but you will need to attend an Accreditation session before you can ride the track.

Do you hold an accreditation from another UK velodrome?

You'll need to attend a Stage 4 Accreditation session to familiarise you with Derby Arena track and provide you with essential information before you start.



Cycle Hub

We have track bikes and all the equipment you'll need available for hire. You can also hire space in our secure cycle store.

Gift vouchers

Vouchers for the track cycling are available from Derby Arena website, the Sales and Information Centre or directly from the Arena.

SPORTS COURTS

Our sport facilities and parks offer a range of pitches and courts for you to hire for a quick game or as a regular booking for your club, school or organisation.



	Derby Arena	Moorways Stadium	Parks	Springwood Leisure Centre
Squash				•
Basketball				•
Racketball				•
Badminton	•			•
Table tennis	•			•
Short mat bowls	•			•
Short tennis	•			•
Grass pitches		•	•	
Athletics track & field		•		
Synthetic pitches		•	•	•
Handball	•			
Netball	•			•
Volleyball	•			
Futsal football	•			
Tennis			•	
Cricket			•	

For court bookings at facilities call directly.

To book a grass pitch for football or cricket call 01332 641234

Tennis courts are available at Markeaton Park, booking not required.

ATHLETICS

The recently-refurbished running track has provided Derby with a first class athletic facility. Moorways Stadium hosts competition events, is available for club and individual training sessions and is home to Derby Athletic Club.

Floodlit running track



Throws, jumps and hurdles



Long jump and triple jump



Pole vault



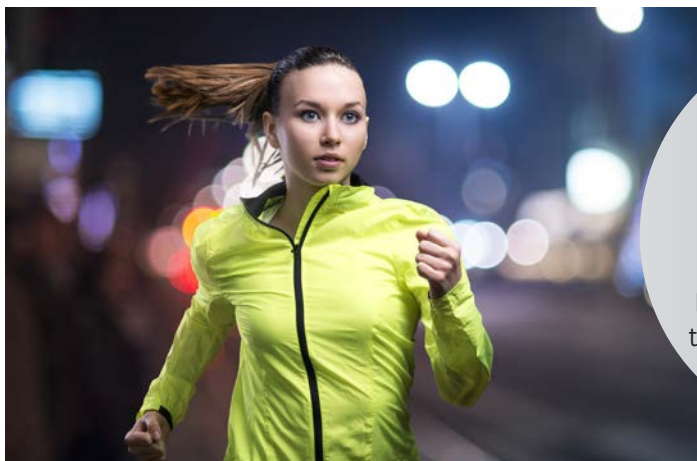
Full size grass football pitches including one that's floodlit



Synthetic full size football and hockey floodlit pitch



Facilities include car parking and changing rooms.
To book facilities at Moorways Stadium call **01332 641234**
or email **moorways.stadium@derby.gov.uk**



THIS WINTER RUN ON THE FLOODLIT TRACK

Call 01332 641234
to book a session.

For events and opening
times visit **derby.gov.uk/
moorwaysstadium**

FAMILY FUN

SWIMMING

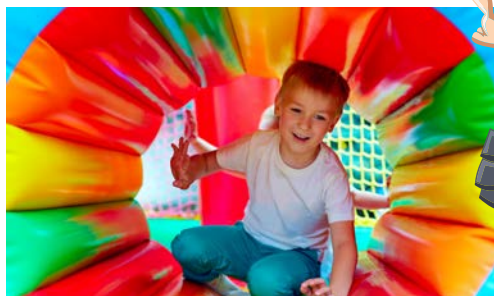
Our pool programme at Queen's Leisure Centre has Family Splash sessions with floats and toys, or take you're little ones to the lunchtime Adult and Child sessions which help build their water confidence in a fun safe environment.

In Learn to Swim sessions, our qualified ASA swim teachers will support your children in their first steps to learn to swim or improve their techniques for more advanced swimmers. See our Learn to Swim programme page 9 or visit derby.gov.uk/learntoswim



UNDER 5s

Our Leisure Facilities have a fun and active programme for under 5s to enjoy with their parents. At Queen's Leisure Centre we have Adult and Child sessions, Swim a Song for 3 months and Swim Ducklings which is part of our Learn to Swim programme. On the drier side, at Springwood Leisure Centre we have Bouncy Castle and Soft Play sessions and Pre-school Gymnastics.



CYCLING

If your child is 12 years and over they can ride the cycle track at Derby Arena. We also have family session during school holiday periods.



SPORT COURTS

As a family why not try badminton, football, basketball, squash, tennis or racketball at our facilities. See page 14 for more information.



FAMILY GUIDE

For all your Leisure and Culture family information see our Family Guide available in facilities and at derby.gov.uk/family



HOLIDAY ACTIVITIES

Do your children tell you they are bored during school holidays? Bring them to our Leisure Facilities, we have sports coaching sessions, spy camps, swimming lessons, bouncy castle and soft play, splash session, track cycling, inflatable fun in the pool, racket sports and lots more! See our holiday programme at derby.gov.uk/holidays.



MUNDY PLAY CENTRE

Markeaton Park Mundy Play area has been refurbished with new exciting play equipment including a pirate ship, new footpaths and seating, plus Closer to the Edge High Ropes course. We still have the bouncy castle, crazy golf, electric cars and canoes, which are open every weekend throughout the year, weather dependant.



COACHING

We want to encourage children and young people to be active and learn new skills through our courses and club development in our facilities, our courses are listed below.

	Derby Arena	Moorways Stadium	Queen's Leisure Centre	Springwood Leisure Centre
Gymnastics				•
Martial arts	•		•	•
Swimming lessons			•	
Football				•
Athletics		•		
Track cycling	•			
Trampolining				•

We have a variety of clubs that use our facilities from martial arts, soccer school, athletics to drama clubs. Contact the individual facilities to find out more, how to book and club information or visit derby.gov.uk/coaching.



Live IT helps children and their families to manage their weight by improving fitness, nutrition and self-esteem in a fun, friendly and supportive environment.

To find out more and to apply go to livewellderby.co.uk

BIRTHDAY PARTIES

Looking for birthday party ideas? see page xx



OVER 50s

We have a wide range of opportunities for over 50s to be active, have fun and make new friends.



SWIMMING

Join us at Queen's Leisure Centre for early morning swim sessions, Aqua Fit, lane swim or you can learn to swim with us.



RACKET SPORTS

Play badminton, table tennis, short tennis or squash. See page 14 for where to play.



BOWLS

Enjoy a game of indoor bowls at Springwood Leisure Centre and Derby Arena with old and new friends.



CYCLING

Experience the thrill of Derby Arena's cycle track. We have sessions for experienced accredited riders and taster sessions for new riders. See page 12.



CLASSES

Our classes are a great way to keep fit, have fun and be social. Choose from relaxation classes, active living, aqua classes, zumba, step and more... See page 4.



GYM

Our qualified gym staff will provide you with a programme and advice to help you achieve your personal goals using our state-of-the-art Technogym equipment in a friendly supportive environment. See page 3.



LEISURE CARD

Save up to 40% on activities. Over 75s can get certain activities for just £1.10 Monday to Friday and all weekend. See page 7.

PARKS

There are over 300 parks and open spaces in Derby, providing a great opportunity for everyone to enjoy the outdoors.

Our parks have nature reserves, wildlife, history and adventure, whether you're wanting a relaxing walk, family picnic or want to take part in an exhilarating sporting event our parks have something for you.

Five of our well-known parks have achieved Green Flag Award status, and this summer Markeaton Park won Love Park Award 2016.

To find out more about parks in the city visit derby.gov.uk/parks

For events on parks visit derby.gov.uk/leisureevents



GOLF

Derby Parks has a fantastic range of opportunities to play golf in the City, from beginner having fun with the family through to the golf Pro. Find out more at derby.gov.uk/golf

CRAZY GOLF

Enjoy fantastic family fun at our 18 hole Crazy Golf course within Mundy Play Area at Markeaton Park. Open weekends and school holidays, weather permitting.



PITCH AND PUTT

Suitable for anyone aged 8 years old and over, seasonal opening see our web page for details.

FOOTGOLF

A combination of the best football and golf using a regular size football, seasonal opening see our web page for details.

SINFIN GOLF

Sinfin Golf Course is managed by 7 Hills on behalf of Derby City Council. For details of the course, prices, opening times please visit www.sivgolf.com

ALLESTREE PARK GOLF COURSE

This 18 hole course is set in mature parkland, with tree-lined fairways. To book call **01332 550616** or visit teeofftimes.co.uk/allestree-park.



BIRTHDAY PARTIES

SPRINGWOOD LEISURE CENTRE | DERBY ARENA
QUEEN'S LEISURE CENTRE



BOUNCY CASTLE PARTY • 5-A-SIDE FOOTBALL PARTY • TRACK CYCLING PARTY
SPORTS ACTIVITY PARTY • SPLASH PARTY • FUNCTION ROOM

Let us take the headache out and put the fun into your next birthday party.
Our flexible range of packages have something to suit everyone.

derby.gov.uk/birthdayparties

#derbygirls

themovementderby.co.uk

THE MOVEMENT

Join The Movement and take part in loads of fun activities.
Get support to stop smoking, manage weight, get fitter and live life to the full!

- Gym and swim sessions for just £1.10 at Council leisure centres (12+)
- Confidential support to stop smoking (12+)
- 12-months support for children and families to manage weight (5-17)

Find out more at themovementderby.co.uk or livewellderby.co.uk

 themovementderby.co.uk

 @DerbyMovement

 [themovementderby](https://www.facebook.com/themovementderby)

 [DerbyMovement](https://www.instagram.com/DerbyMovement)

Helping you to live better

Livewell offers a range of free 12-month supportive programmes to help people in Derby to:



Lose weight

Our no-nonsense, life-changing programmes for adults and children can help you manage your weight for good.



Stop smoking

You're four times more likely to quit with us than going it alone. What's more, you can get free stop smoking medicine (conditions apply).



Get fitter

Along with our friends at DCFC, we offer fun group exercise programmes for men and women in a friendly environment.



Look after your health

Our free 30-minute NHS Checks for 40 to 74 year olds includes a few simple tests to help you stay healthier for longer.

To find out more and to apply go to: livewellderby.co.uk



A Derby City Council Project

HIRE A SPACE

We have rooms available to hire across our range of facilities including **Derby Arena** and **Markeaton Park**. Rooms are available for training courses, meetings, corporate events, exhibitions or as a classroom.

Our meeting rooms have flip charts, whiteboards, screens and projector and TVs.

Our in-house catering and technical teams are on-hand to work with you to ensure we meet the needs of your event.



To find out more or to make an enquiry please contact our space hire team on spacehire@derby.gov.uk or call **01332 287361**.

CORPORATE EVENTS

Are you looking for a space for your upcoming event, conference, meeting or a corporate party? Or a unique and exhilarating team-building activity for an away-day?

Derby Arena and **Markeaton Park** have incredible flexible spaces, making an ideal venue for a wide range of activities and events.

Choose from a variety of Corporate Packages including, Indoor Track Cycling, High Ropes Adventure, Footgolf, Pitch and Putt, Balance Boards, Falconry, Archery, Drumming, Make your escape challenges and Sports Courts.

There are multi-purpose rooms that can be used for as a breakout space or for smaller events, meetings, training, conferences and hospitality.

We have in-house catering who can cater for light refreshments, though to formal dinner dance menus.

Enquire online at derby.gov.uk/markeatoncorporate or derbyarena.co.uk/corporate

Call **01332 287361** or email spacehire@derby.gov.uk.



ADVERTISE HERE

Reach customers across Derby
by advertising here.

For prices & availability
email lctmarketing@derby.gov.uk
or call 01332 640847



EVENTS



JINGLE JOG

Line up with other "Santas" to support your local hospital charity in this 5km route around Markeaton Park.

Sun 4 Dec, 9:30am - 1:30pm

Markeaton Park

£10



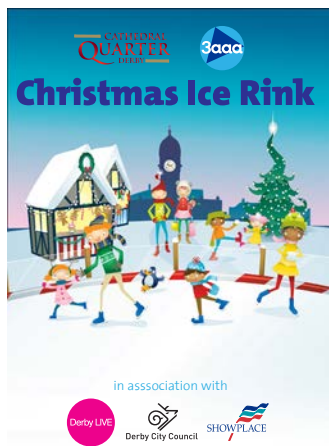
FAMILY FESTIVITIES AT MARKEATON PARK

Christmas in the park for all of the family, traditional rides, food, carols, brass bands, wreath making, visits from Santa, festive face painting and much more.

Various dates throughout Dec

Markeaton Park

Free entry (some activities are chargeable)



CATHEDRAL QUARTER & 3AAA CHRISTMAS ICE RINK

Take a spin on the ice rink, made of real ice, for a fabulous festive treat.

Thu 1 Dec - Wed 4 Jan

Market Place

£6.50 - £8.50



Cinderella is the classic fairy tale of a beautiful girl forced to serve her jealous stepsisters. Don't miss Derby's biggest ball with the panto at Derby Arena.

Tue 6 Dec - Tue 3 Jan

Derby Arena

£13.25 - £30.25



WINTER WONDERLAND AT THE MARKET HALL

Step into a month-long daytime programme of festive family fun as Derby Market Hall is transformed.

Fri & Sat between 1 - 23 Dec

Derby Market Hall

Free entry (some activities are chargeable)



Batten down the hatches, for Captain Sprout and the Christmas Pirates are about to ruin everyone's festive season. They are set to pillage everyone's Christmas stocking this side of Derby.

Thu 8 - Wed 28 Dec

Guildhall Theatre

£11 - £13



A ROMANTIC AFFAIR

Celebrate Valentine's Day with your loved one in the exquisite surroundings of one of the country's finest stately homes. Enjoy a romantic meal and witness the drama of the first meeting of Byron & Shelley.

Sat 11 & Tue 14 Feb, 7pm

Kedleston Hall

£62 (including 3 course meal, bubbly on arrival, tea & coffee)



RESOLUTION 5K

Resolution Run is a fun run where you choose your distance and set your challenge.

Sun 26 Feb, 11am - 12:30pm

Markeaton Park

£15



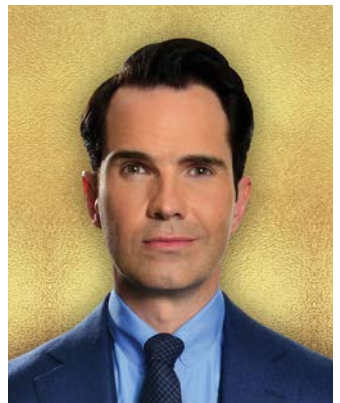
PROFESSOR BRIAN COX LIVE

The show will take audiences on a dazzling journey through space and time.

Tue 9 May, 8pm

Derby Arena

£32 - £34



JIMMY CARR

The ultimate comedy show and an incredible, unparalleled night of entertainment.

Sat 8 July, 8pm

Derby Arena

£28.50

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Derby City Council